



KS2

# Literacy Booster

## Theme of the Week – Rationing



Rationing means letting people have only a limited amount of something. During the Second World War, many items were rationed as they were hard to get hold of.

### Activity 1 – Think

What do you think was rationed during the Second World War?

Write a list of 10 things that might have been rationed

Why couldn't people have what was available before the war?



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## Activity 2 - Explore

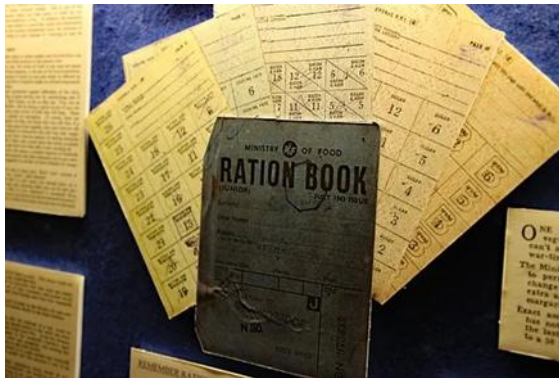
Listen to the broadcast to find out what was rationed:

<https://assets.rafmuseum.org.uk/app/uploads/2021/01/Rationing-.mp3>

Was there anything that surprised you?

Add any items you missed from your list in Activity 1.

The RAF, as with other members of the armed forces, was able to get food outside of rationing as it was important to keep the key war workers fed.



## Activity 3 - Create

Produce a pamphlet explaining what rationing was during the Second World War.

Write factually and include images.

Include:

What rationing was and why it was needed

What was rationed

Ways to get extra food such as growing your own.



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## Activity 3 - Continued

Make a meal from things you have at home. Then eat it! Once you've eaten, write a review of your meal as though you are a food critic. As you write, remember to:

- Be descriptive of both the look and taste of the food
- Use wow words – don't just say it was 'nice'
- Use creative language but share your honest opinions.



## Activity 4 - Do

Grow your own cress



- Get some cress seeds
- Take some tissue or cotton wool and get it nice and wet
- Place it in a container or on a dish
- Sprinkle the seeds over and gently press them into the wet tissue or cotton wool
- If using a container, put clingfilm over the top to stop moisture escaping. Remove before the leaves touch the top.
- Germination is fast – In just a few days shoots should appear
- Within five to seven days the shoots will be long enough to snip off and can be used in salads and sandwiches
- Take some pictures of your finished crop or even of a meal you make with your cress. Get your parents to help share it with your friends and the RAF Museum on social media (@rafmuseum).



Well done!